

# WORLD HANDWASHING DAY

October 15<sup>th</sup>

8 to 12-year olds

- ▶▶▶▶ NOTE: Part of this activity takes place outside. Note that the learners will get wet so it has to be a warm and sunny day.
- ▶▶▶▶ Divide the class into two equally sized groups and take the two groups outside.
- ▶▶▶▶ Place two buckets with an equal amount of water and two bars of soap, on a brick or a plate or something similar, at one end of a long stretch of open space and at some distance from each other.
- ▶▶▶▶ Ask the learners to choose one child in each group who will be the water dispenser and explain to the dispensers that they will pour some water over the learners' hands and after they have washed with the soap, pour some water again. 1 cup per learner.
- ▶▶▶▶ Position yourself between the two buckets as the referee and explain that the two groups will race each other to the buckets and wash their hands. The next learner can start when the first one has come back.
- ▶▶▶▶ When the buckets are empty, explain that the winning group is the group that had the largest number of learners who have washed their hands when the bucket was empty.

REFLECTION: Back in class, ask learners to work in groups of 5 or 6 and ask each group to answer the following questions:

Why is washing hands important?

What may happen if you do not wash your hands after using the toilet?

When should you wash your hands?

What are good ways to wash hands?

Why do we want to save water? How can we do this?

Do we waste water in our school/home/community? What can we do about it?

Ask learners to feedback on their discussions.

If you think it is necessary, use the **Handwashing poster** for information on how to wash hands effectively. (This poster is on 6 pages, which will need to be assembled prior to the lesson).

Learners design a poster illustrating what they have learned about the importance of hand washing.

